

Dr. James Papez (1883-1958) was an [American neuroanatomist](#). Dr. Papez received his [MD](#) from the [University of Minnesota](#) College of [Medicine](#) and [Surgery](#). He is most famous for his 1937 description of the [Papez circuit](#) which is a [neural pathway](#) in the [brain](#) thought to be involved in the [cortical](#) control of [emotion](#). He was a neurologist at Cornell University when he published a journal article in which he outlined a "new" circuit to account for emotion. He hypothesized that the hippocampus, the cingulate gyrus (Broca's callosal lobe), the hypothalamus, the anterior thalamic nuclei, and the interconnections among these structures constituted a harmonious mechanism which elaborate the functions of emotions. Papez never mentioned Broca's limbic lobe but others noted that his circuit was very similar to Broca's great limbic lobe.

Papez JW. 1937. A proposed mechanism of emotion. 1937. J Neuropsychiatry Clin Neurosci. 1995 Winter;7(1):103-12.
Lima, D.R.,2004. History of Medicine, Medsci, R.J.

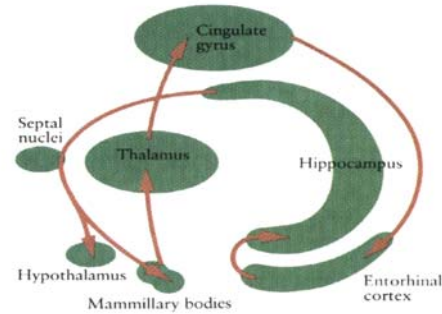
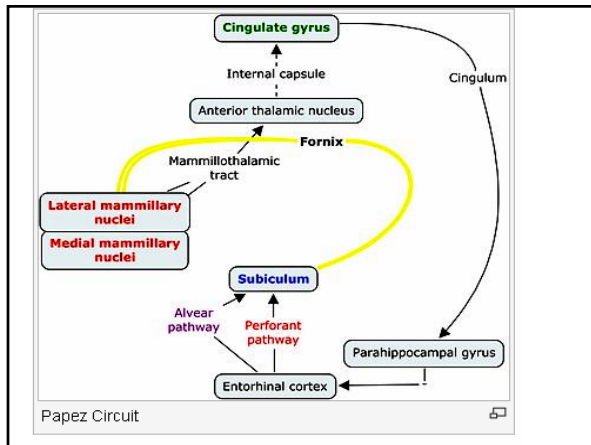


Figure 7.3
Much of what is now known to be the limbic system is called out in the Papez circuit.



Reflecting on the earlier work of Cannon, Bard, and others, American neurologist **James Papez** proposed that there is an **'emotion system,'** lying on the medial wall of the brain, that links the cortex with the hypothalamus...Papez believed that the experience of emotion was determined by activity in the cingulate cortex and, less directly, other cortical areas. Emotional expression was thought to be governed by the hypothalamus. The cingulate cortex projects to the hippocampus, and the hippocampus projects to the hypothalamus by way of the bundle of axons called the fornix. Hypothalamic effects reach the cortex via a relay in the anterior thalamic nuclei

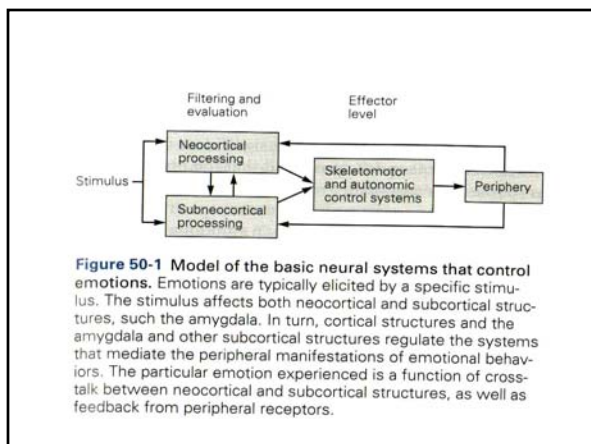


Figure 50-1 Model of the basic neural systems that control emotions. Emotions are typically elicited by a specific stimulus. The stimulus affects both neocortical and subcortical structures, such as the amygdala. In turn, cortical structures and the amygdala and other subcortical structures regulate the systems that mediate the peripheral manifestations of emotional behaviors. The particular emotion experienced is a function of cross-talk between neocortical and subcortical structures, as well as feedback from peripheral receptors.

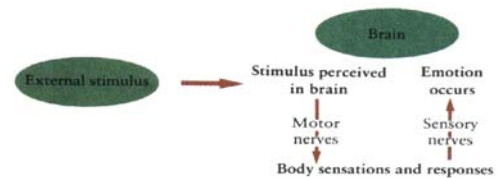
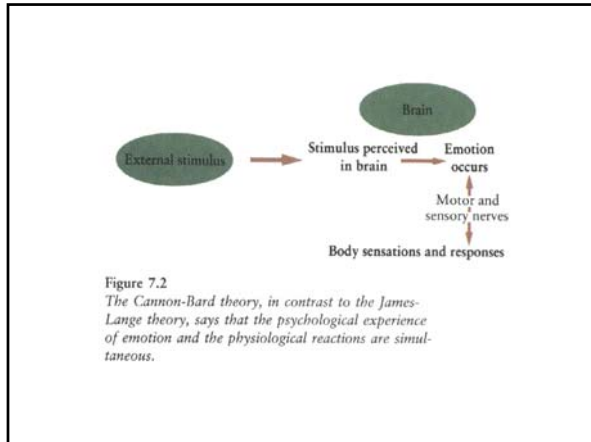
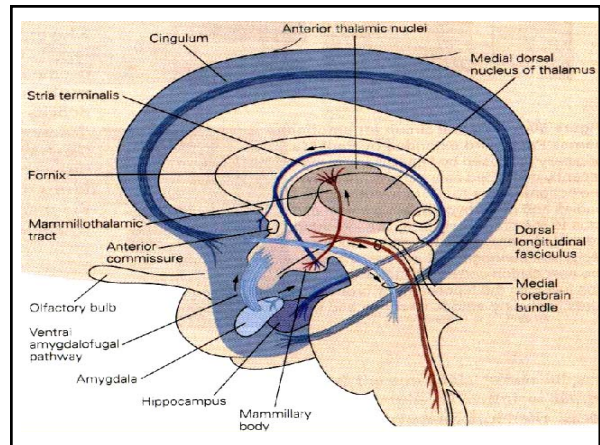
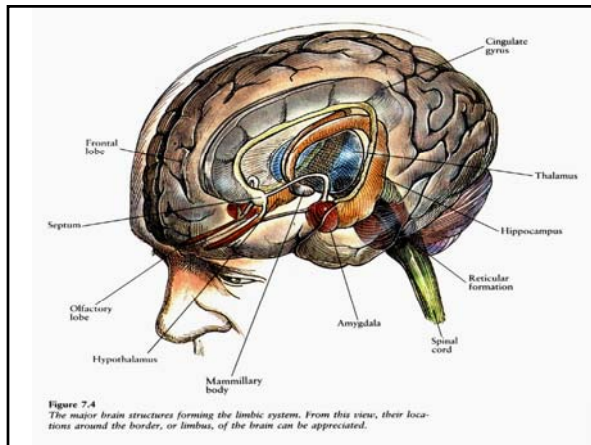


Figure 7.1
The James-Lange theory of emotion holds that the psychological experience of emotion follows the perception of one's own physiological reactions.



- Components of the Limbic System:**
- Olfactory inputs (Rhencephalon)
 - Amygdala Nuclear Complex
 - Hippocampus
 - Septal Nuclei
 - Hypothalamus
 - Mammillary Body
 - Thalamus (Anterior and Medial thalamic nuclei)
 - Habenular nucleus
 - Limbic Cortical structures
 - Cingulate gyrus, Parahippocampal gyrus, Entorhinal cortex, Insular cortex, orbital gyrus.



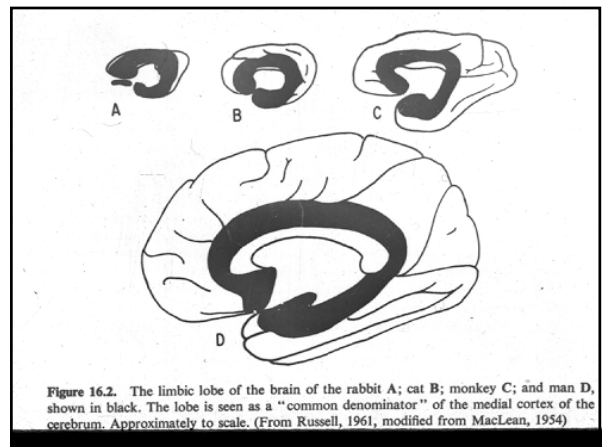
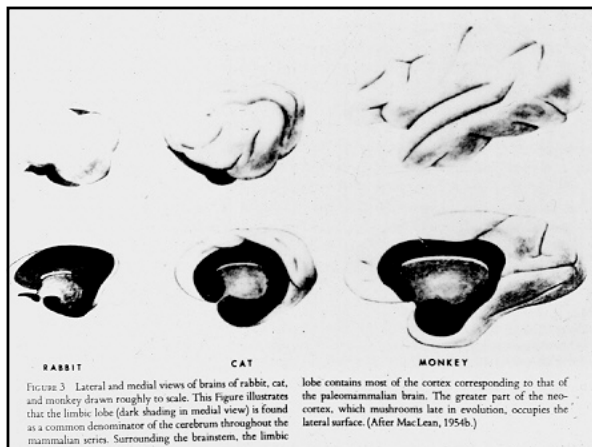
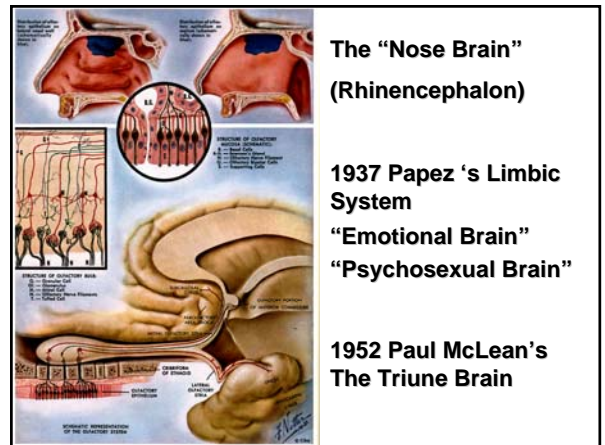
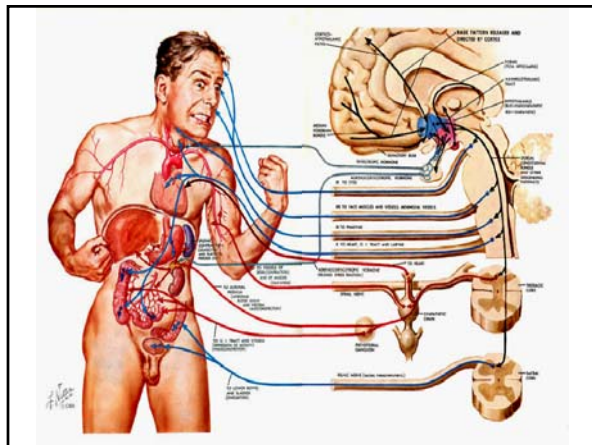
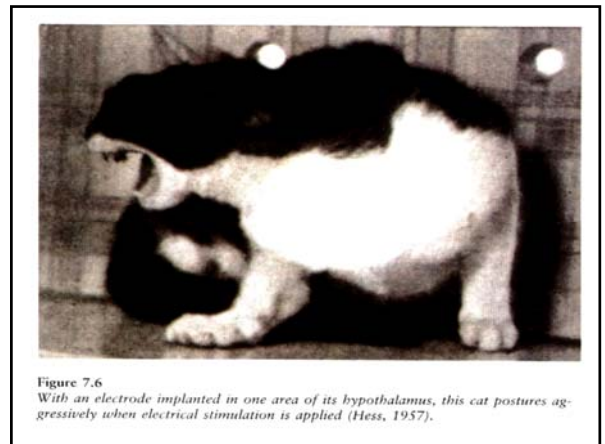
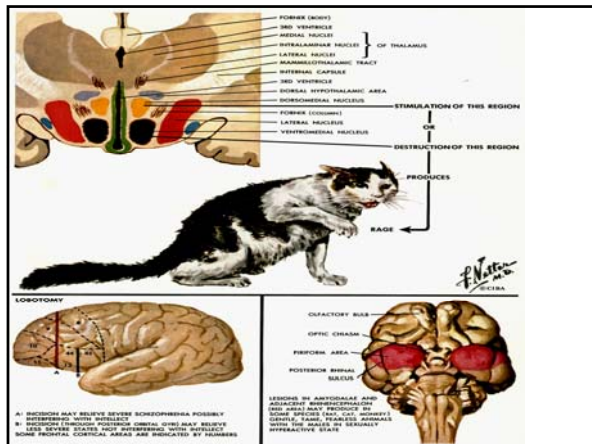
Paul MacLean's Triune Brain

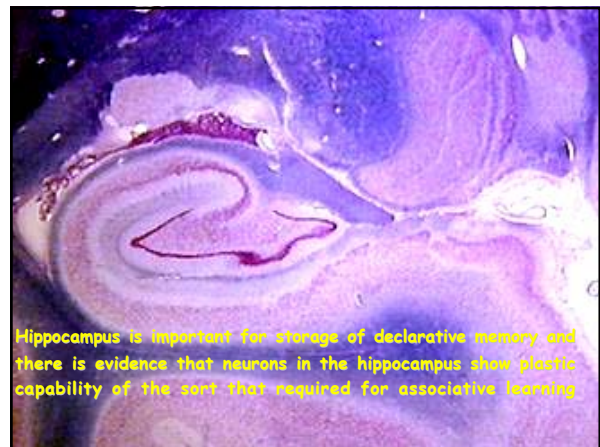
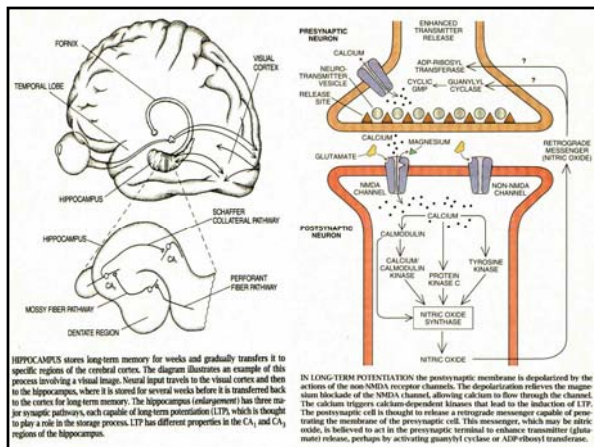
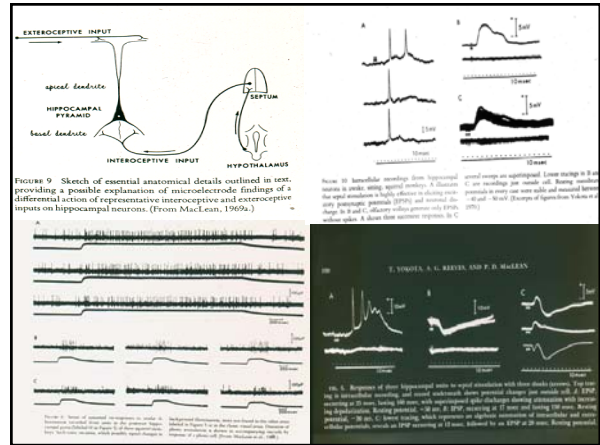
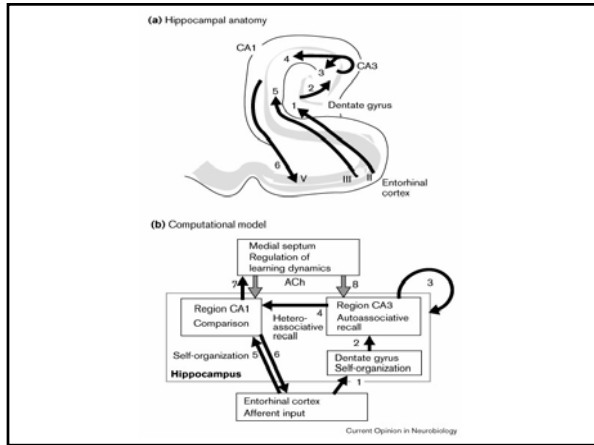
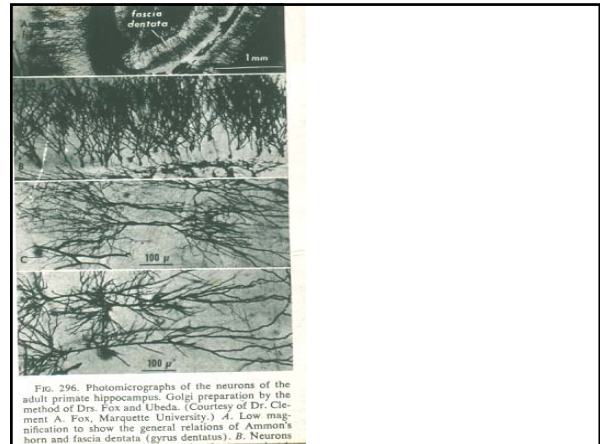
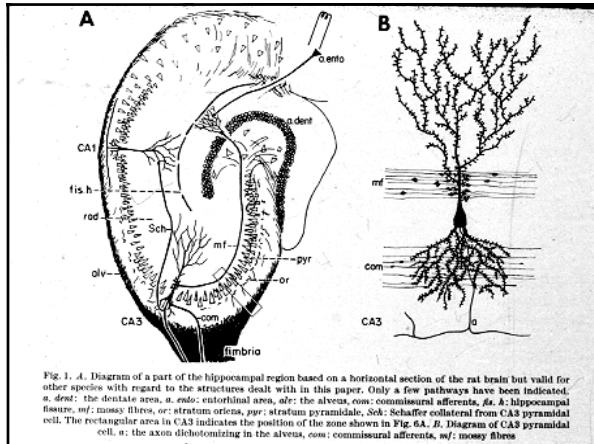
The Reptilian Brain : Core brainstem
The Paleomammalian Brain : the limbic system
The Neomammalian Brain : neocortex and neocerebellum

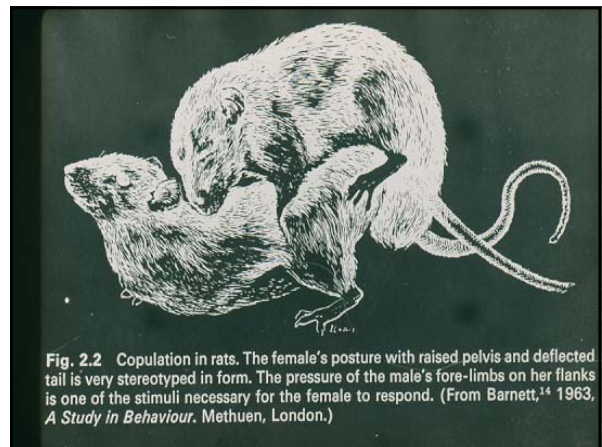
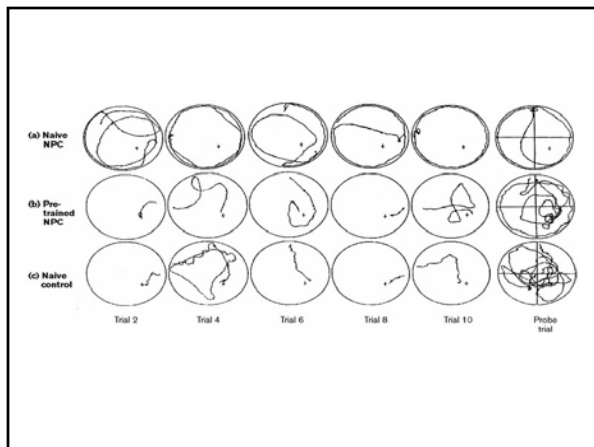
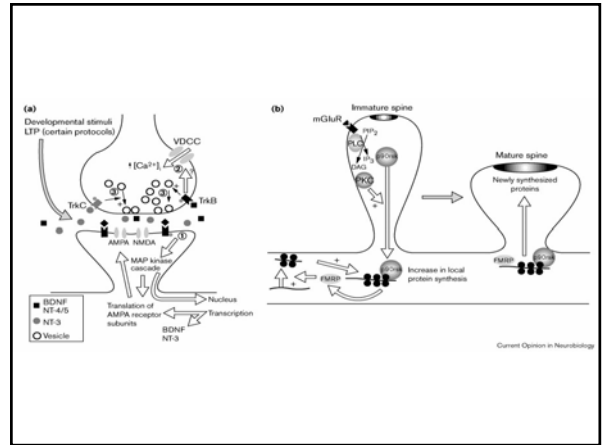
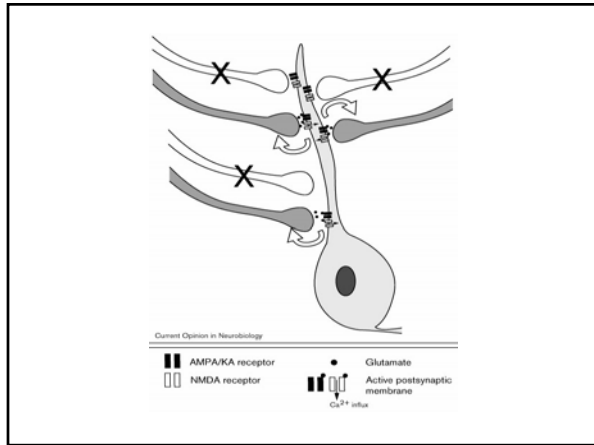
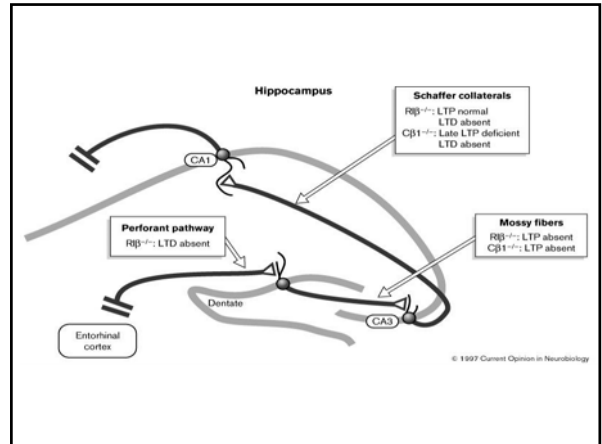
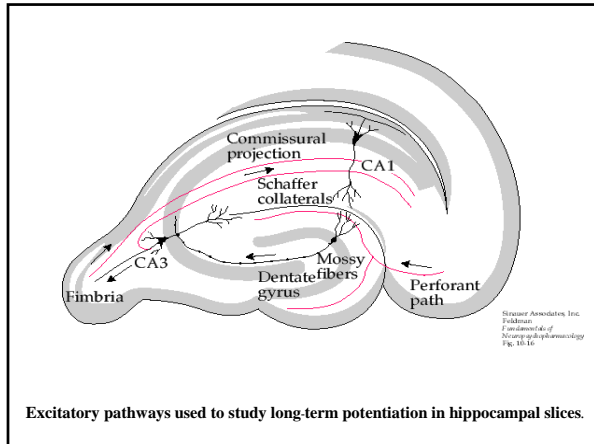
Paul MacLean M.D.

Paul D. MacLean (May 1, 1913 – December 26, 2007) was an [American physician](#) and [neuroscientist](#) who made significant contributions in the fields of [physiology](#), [psychiatry](#), and [brain](#) research through his work at [Yale Medical School](#) and the [National Institute of Mental Health](#).

MacLean's evolutionary [triune brain theory](#) proposed that the human brain was in reality three brains in one: the [reptilian complex](#), the [limbic system](#), and the [neocortex](#).







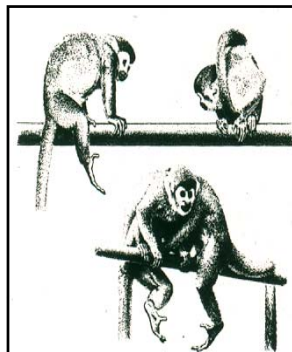
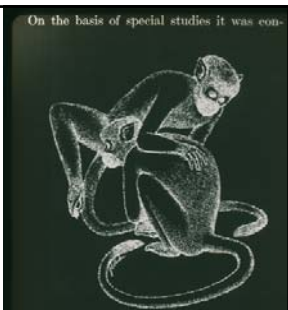


FIGURE 3 Genital display, a social signal of the squirrel monkey, used in agonistic and courtship behavior by both sexes. Two of several variations; top, displaying at distance; bottom, counterdisplay at proximity. (From Ploog, 1967.)



On the basis of special studies it was con-
 FIG. 6. In the communal situation, the male squirrel monkey may display penile erection in the act of courtship, or, as illustrated above, it may display to another male as a means of exerting and establishing dominance. In each case the display is performed with the thighs spread and the erect penis thrust almost into the face of the other animal. (from Ploog, D. W. and MacLean, P. D. Penile display in the squirrel monkey (*Saimiri sciureus*). *Anim. Behav.* In press).

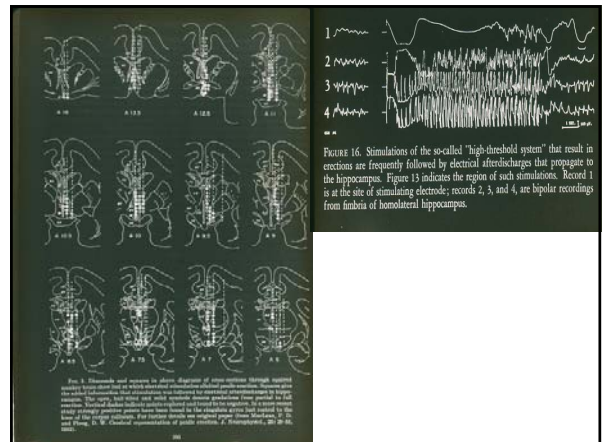


FIGURE 16 Stimulation of the so-called "high-threshold system" that result in erections are frequently followed by electrical afterdischarges that propagate to the hippocampus. Figure 13 indicates the region of such stimulations. Record 1 is at the site of stimulating electrode; records 2, 3, and 4, are bipolar recordings from limb of homolateral hippocampus.

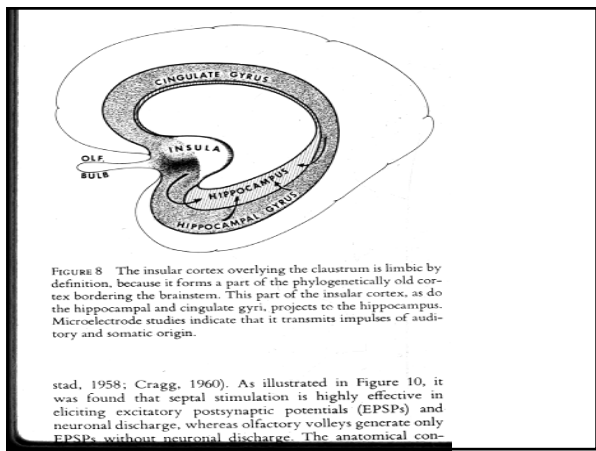
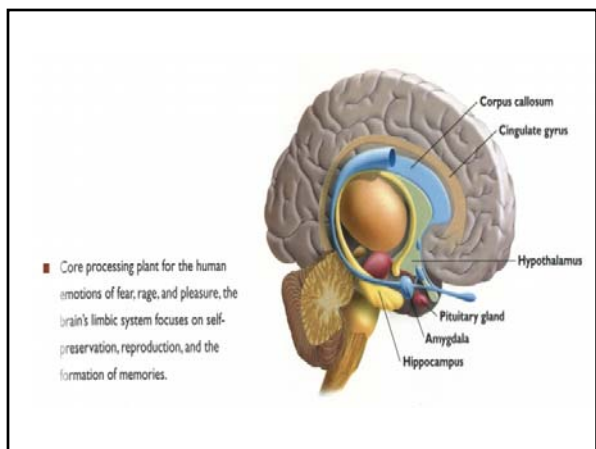
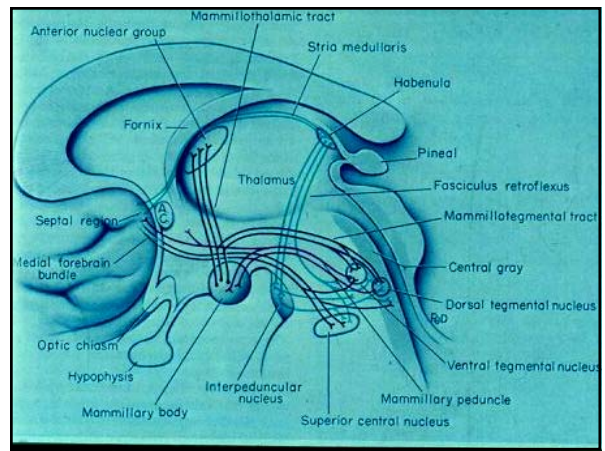


FIGURE 8 The insular cortex overlying the claustrum is limbic by definition, because it forms a part of the phylogenetically old cortex bordering the brainstem. This part of the insular cortex, as do the hippocampal and cingulate gyri, projects to the hippocampus. Microelectrode studies indicate that it transmits impulses of auditory and somatic origin.

stad, 1958; Cragg, 1960). As illustrated in Figure 10, it was found that septal stimulation is highly effective in eliciting excitatory postsynaptic potentials (EPSPs) and neuronal discharge, whereas olfactory volleys generate only EPSPs without neuronal discharge. The anatomical con-



Core processing plant for the human emotions of fear, rage, and pleasure, the brain's limbic system focuses on self-preservation, reproduction, and the formation of memories.

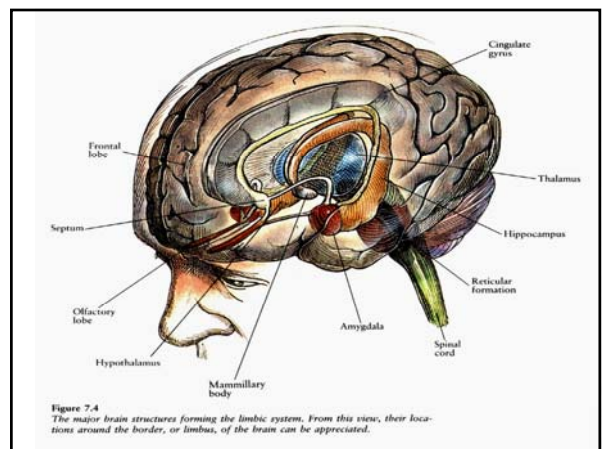
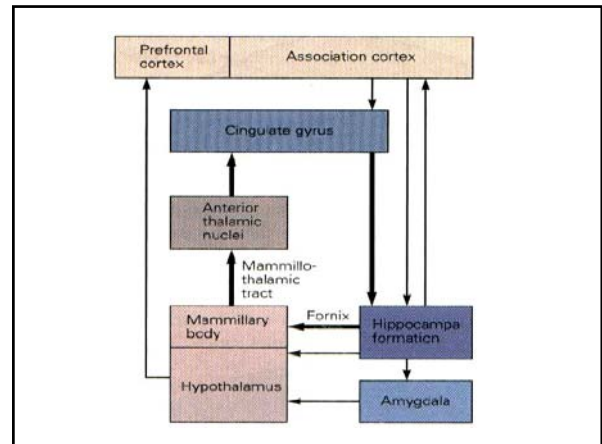


Figure 7.4 The major brain structures forming the limbic system. From this view, their locations around the border, or limbus, of the brain can be appreciated.

The limbic system is also tightly connected to the [prefrontal cortex](#).

Some scientists contend that this connection is related to the pleasure obtained from solving problems. To cure severe emotional disorders, this connection was sometimes surgically severed, a procedure of [psychosurgery](#), called a [prefrontal lobotomy](#). Patients who underwent this procedure often became passive and lacked all motivation.

There is circumstantial evidence that the limbic system also provides a custodial function for the maintenance of a healthy [conscious](#) state of mind.



THE ANATOMY OF ANXIETY

WHAT TRIGGERS IT HOW THE BRAIN REACTS HOW THE BODY RESPONDS

Depending on the stimuli, different parts of the brain process the information and signal physical and emotional responses. Roll over items to find out more

THE ANATOMY OF ANXIETY

WHAT TRIGGERS IT... HOW THE BRAIN REACTS... HOW THE BODY RESPONDS...

When the senses pick up a threat — a loud noise, a scary sight, a creepy feeling — the information takes two different routes through the brain. Roll over the letters to find out what they are

THE ANATOMY OF ANXIETY

WHAT TRIGGERS IT... HOW THE BRAIN REACTS... HOW THE BODY RESPONDS...

By putting the brain on alert, the amygdala triggers a series of changes in brain chemicals and hormones that puts the entire body in anxiety mode

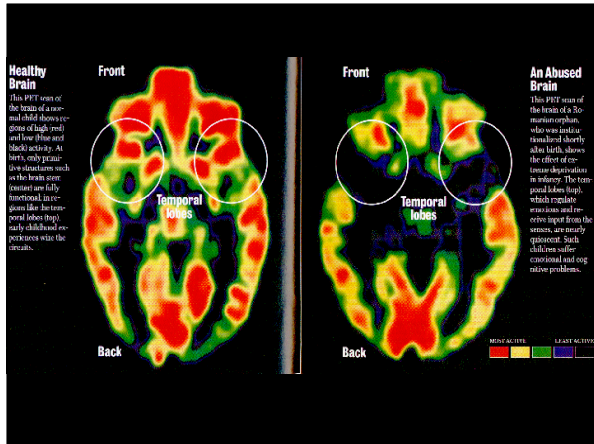
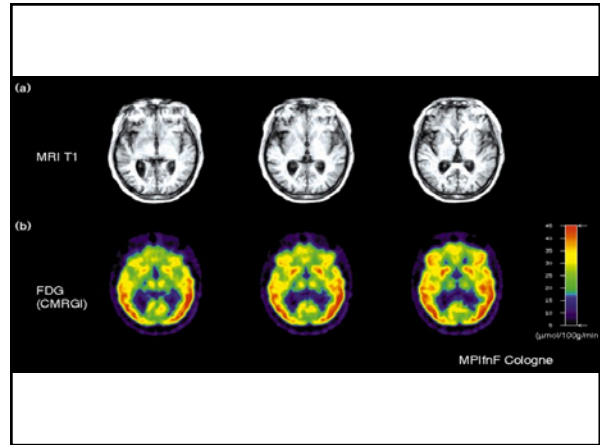
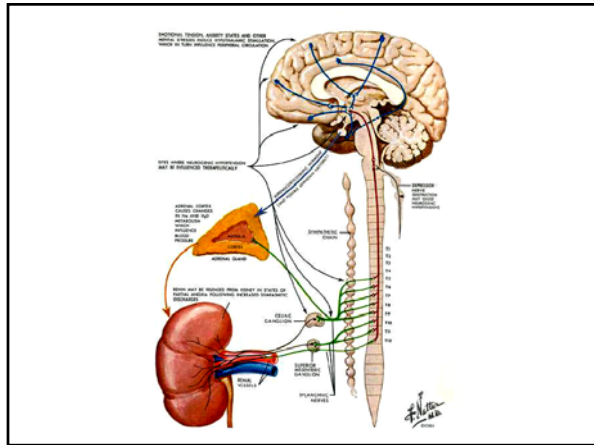
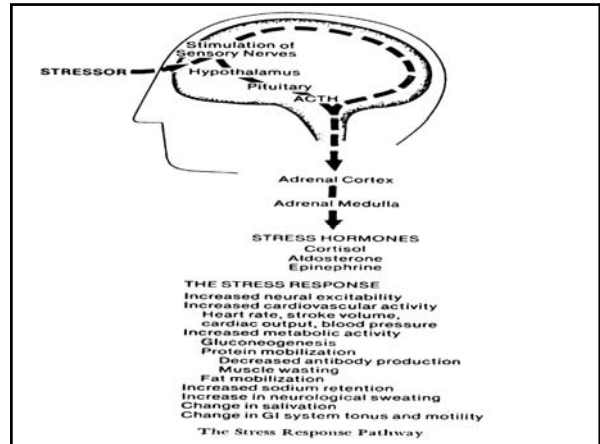
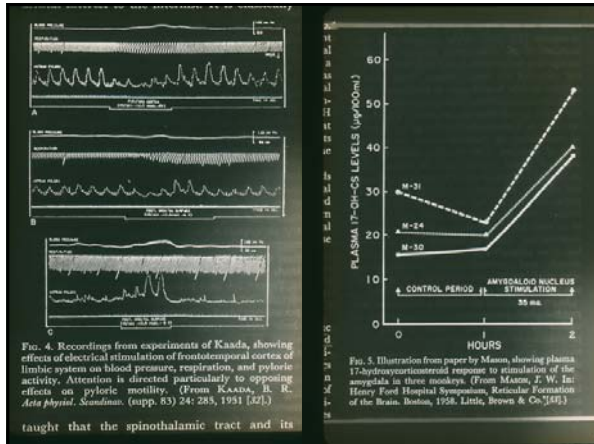
STRESS HORMONE BOOST
Responding to signals from the hypothalamus and pituitary gland, the adrenal glands pump out high levels of the stress hormone cortisol. Too much cortisol short-circuits the cells in the hippocampus, making it difficult to organize the memory of a trauma or stressful experience. Memories lose their context and become fragmented

RACING HEARTBEAT
The body's sympathetic nervous system, responsible for heart rate and breathing, shifts into overdrive. The heart beats faster, blood pressure rises and the lungs hyperventilate. Sweat increases, and even the nerve endings on the skin tingle into action, creating goose bumps

FIGHT, FLIGHT OR FRIGHT
The senses become hyperalert, drinking in every detail of the surroundings and looking for potential new threats. Adrenaline shoots to the muscles, preparing the body to fight or flee

DIGESTION SHUTDOWN
The brain stops thinking about things that bring pleasure, shifting its focus instead to identifying potential dangers. To ensure that no energy is wasted on digestion, the body will sometimes respond by emptying the digestive tract through involuntary vomiting, urination or defecation

TIME Diagram by Joe Lertola; Text by Alice Park Source: Dennis S. Charney, M.D., National Institute of Mental Health From the June 10, 2002 issue of TIME Magazine; posted Sunday, June 2, 2002



Sensitivity Training Separates the Sexes

Men and women were asked whether the expressions on actors' faces were sad or happy and were monitored by PET scans as they decided.


MEN

Men did as well as women — 90 percent right — in identifying happy male and female faces. But they were worse at sensing sad women.

WOMEN

Overall, women were better able to judge facial expressions of both sexes. The PET scan showed their brains required less energy than the men's to decide.

Table 7.1 Agreement on judgments of emotion in five literate cultures



| | Happiness | Disgust | Surprise | Sadness | Anger | Fear |
|---------------|-----------|---------|----------|---------|-------|------|
| United States | 97% | 92% | 95% | 84% | 67% | 85% |
| Brazil | 95% | 97% | 87% | 59% | 90% | 67% |
| Chile | 95% | 92% | 93% | 88% | 94% | 68% |
| Argentina | 98% | 92% | 95% | 78% | 90% | 54% |
| Japan | 100% | 90% | 100% | 62% | 90% | 66% |

Figure 60-6 Brain imaging studies demonstrate the role of the amygdala in emotional responses. (From Morris et al. 1996)

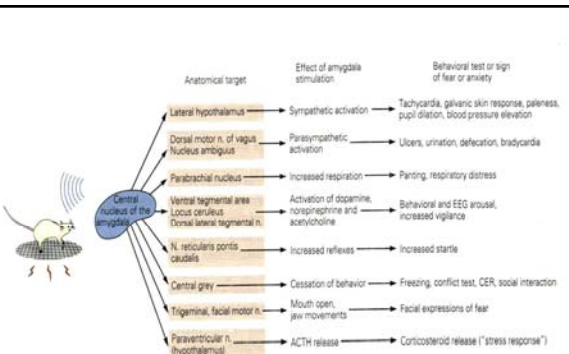
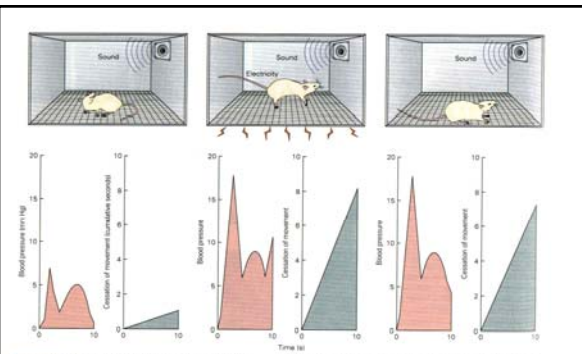
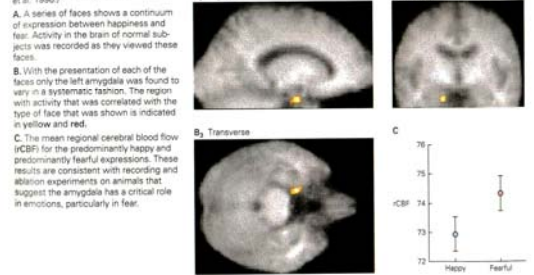
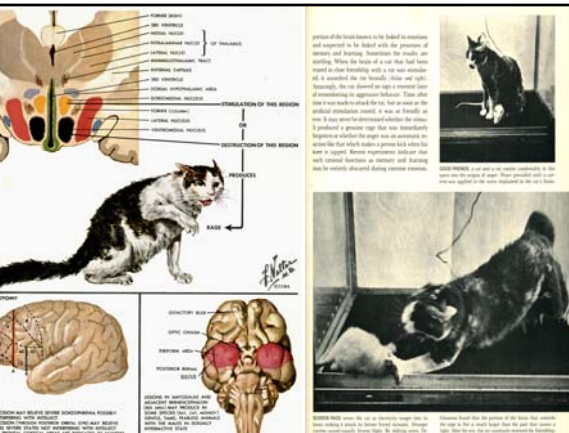
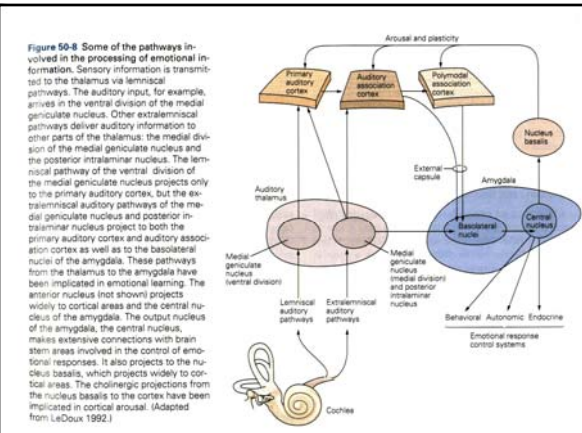


Figure 50-9 The direct connections between the central nucleus of the amygdala and a variety of hypothalamic and brain stem areas that may be involved in different animal tests of fear and anxiety. ACTH = adrenocorticotropic; CER = conditioned emotional response; EEG = electroencephalographic; N = nucleus. (From Davis 1992.)



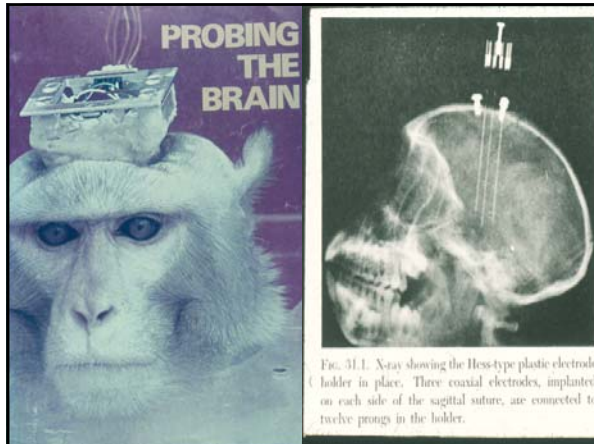
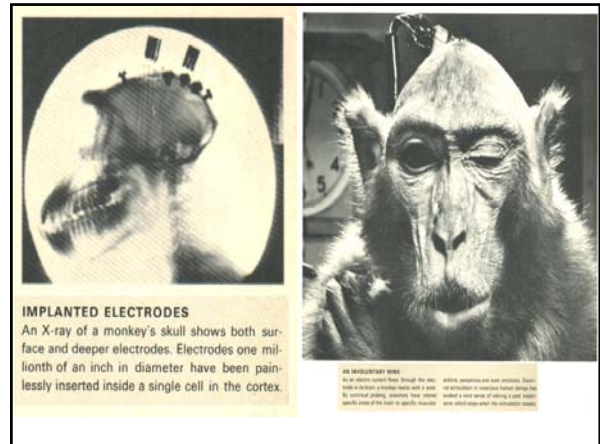


FIG. 31.1. X-ray showing the Hess-type plastic electrode holder in place. Three coaxial electrodes, implanted on each side of the sagittal suture, are connected to twelve prongs in the holder.



IMPLANTED ELECTRODES
An X-ray of a monkey's skull shows both surface and deeper electrodes. Electrodes one-millionth of an inch in diameter have been painlessly inserted inside a single cell in the cortex.

AN INCONSPICUOUS WIRE
An electrode inserted through the skull leads to a metal needle with a fine tip that pierces the brain. The electrode is then inserted into the cortex. A small wire is taped to the back of the head to provide constant contact with the electrode.

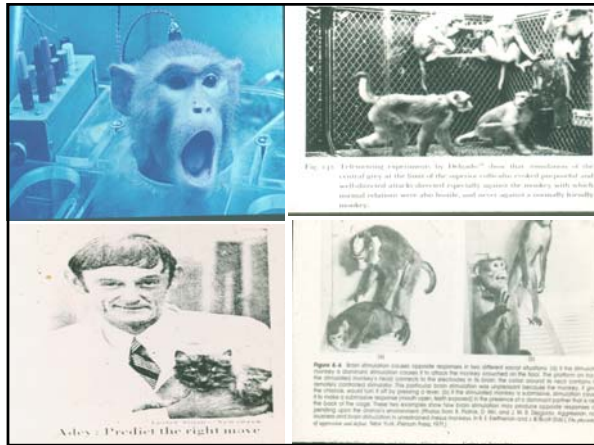


FIG. 3.13. Following experiments by Delgado, the electrical activity of the cerebral cortex of the brain of the dog is recorded. The electrical activity is well correlated with the behavior of the dog. The electrical activity of the brain is recorded in the dog's brain. The electrical activity of the brain is recorded in the dog's brain.

Figure 3.4. Brain stimulation (electrical stimulation) has been shown to be effective in the treatment of various types of epilepsy. The electrical activity of the brain is recorded in the dog's brain. The electrical activity of the brain is recorded in the dog's brain.

Axe: Predicted the right move



Delgado: Stop the bull

Delgado (Julian Huxley) directed the control of a bull.



Wilder Penfield (b. 1891, Spokane, Washington) was the first director of the Montreal Neurological Institute and the first professor in McGill University's Department of Neurology and Neurosurgery. His researches have included studies of epileptic seizure patterns in relation to the functional anatomy of the brain, mapping the excitable cortex in conscious man, and the brain mechanisms responsible for speech. Since his retirement in 1960, Dr. Penfield has written on subjects ranging from historical fiction and biography to neuroscience and philosophy.

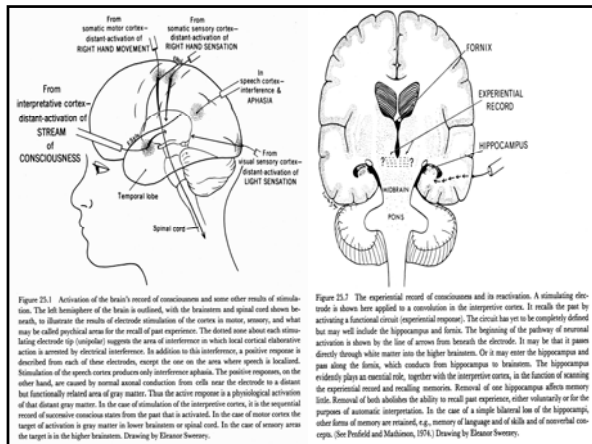
Herbert H. Jasper (b. 1906, La Grande, Oregon) is professor of neurophysiology at the University of Montreal, where he directs a coordinated, multidisciplinary program of research on all aspects of the function of the central nervous system. His research career has been associated closely with the study of the electrical activity of the brain. He founded and was first editor of the *International Journal of Electrophysiology and Clinical Neurophysiology* and served as first executive secretary of the International Brain Research Organization of UNESCO.

Figure 3.5. Illustration for studies of the electrical activity of the cerebral cortex in man. In a stereotaxic apparatus, Dr. Jasper is shown recording the electrical activity of the brain, using electrodes placed on the exposed brain (Helen Ross, 1951). A patient being operated on for head epilepsy by the Penfield and Jasper method at the Montreal Neurological Institute.



TAKING ACCURATE SOUNDINGS
A metal "helo," clamped to an epileptic patient's head at Massachusetts General Hospital, Boston, holds an electrode implanted in his brain. A similar ground wire is taped to his chin. By detecting

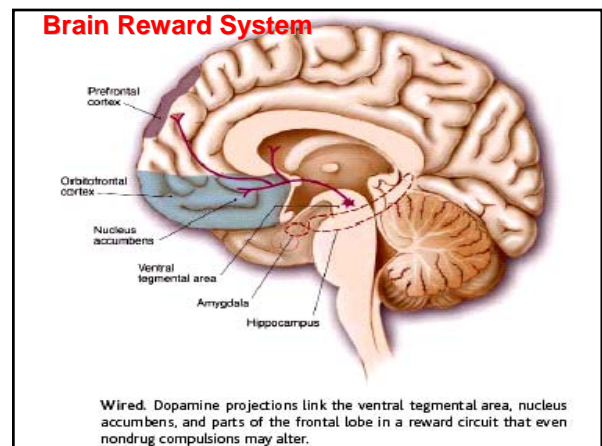
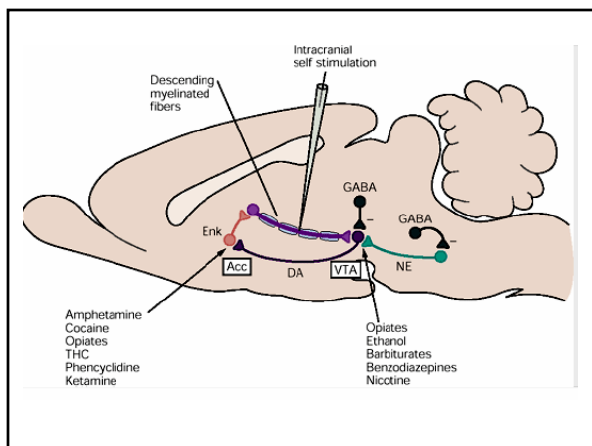
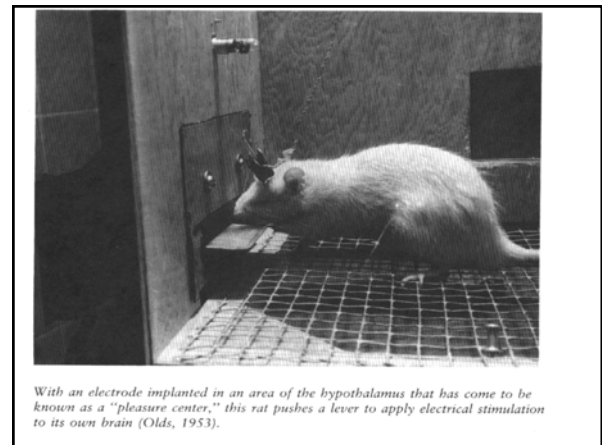
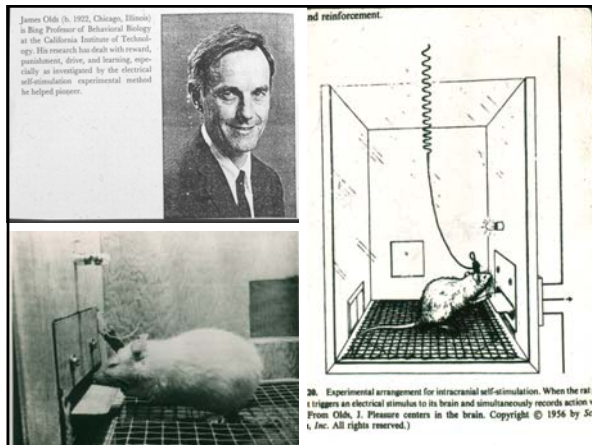
changes in electrical impulses in the brain, electrodes locate abnormal cells, usually in those that cause epilepsy and Parkinson's disease. They can then be surgically removed or treated with drugs.

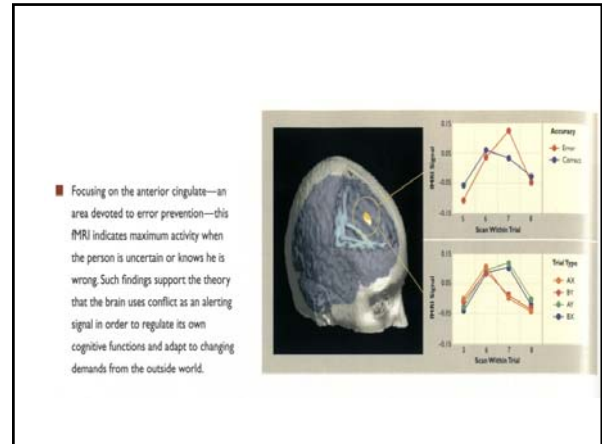
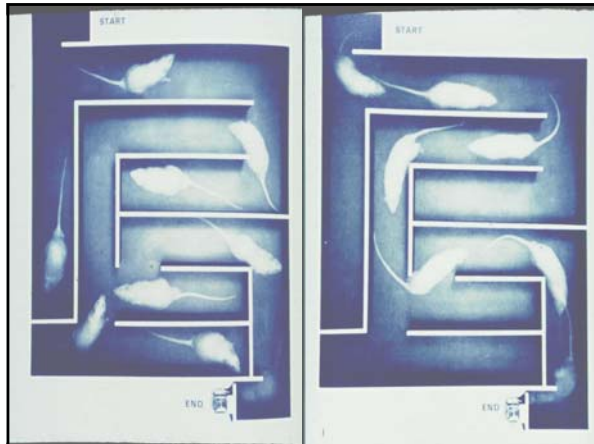


The limbic system operates by influencing the [endocrine system](#) and the [autonomic nervous system](#). It is highly interconnected with the [nucleus accumbens](#), the brain's [pleasure center](#), which plays a role in [sexual arousal](#) and the "high" derived from certain [recreational drugs](#). These responses are heavily modulated by [dopaminergic](#) projections from the limbic system.

In 1954, **James Olds and Brenda Milner** found that [rats](#) with metal [electrodes](#) implanted into their [nucleus accumbens](#) repeatedly pressed a lever activating this region, and did so in preference to eating and drinking, eventually dying of exhaustion.

Olds, J., Milner, B. 1954. Positive reinforcement produced by electrical stimulation of septal area and other regions of rat brain. *J.Comp. Physiol. Psychol.* 47, 419-427

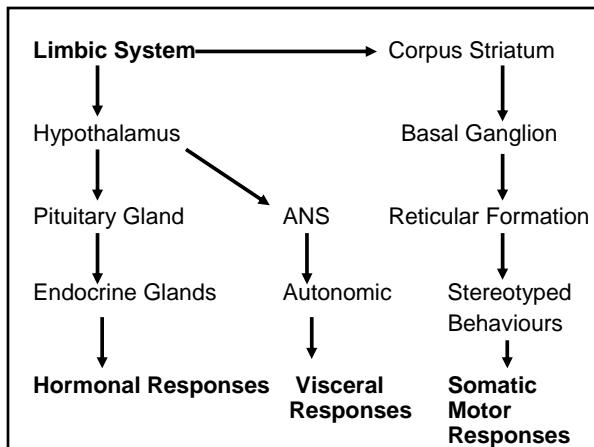
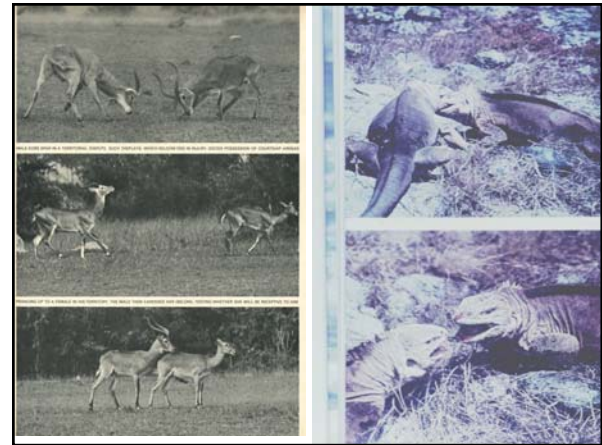




Behavioural Correlates of Limbic System:

Program of stereotyped behaviours according to instructions based on “Ancestral” learning experience and memories e.g.

- Establishing territory or Nesting, Defending
- Finding shelter
- Hunting Preys by Predators, eating
- Homing
- Courtships and Mating ... Reproductive Behaviours
- Breeding & Parenting Behaviours
- Social Bonding, Attachments, Imprinting
- Forming Social Organization & Hierarchy, Leaderships
- Social Communication
- Fighting, Hostility, Aggression, Violence
- Affection, Love, Altruistic Behaviour etc..



Clinical Correlates of Limbic System:

- Amygdala** ,,,,,, Fear, Anxiety, Aggressive, Violence, Rage
- Hippocampus**... Episodic Memories
- Cingulate Gyrus** Instinctive Behaviours, Parenting, Social bonding, Moral reasoning, Delayed alternating tasks
- Septal Nucleus** ... Docility,
- Hypothalamus**ANS, Endocrine, Drive, Motivation
- Mammillary Body**..... Memory retrieval, recall

- **Amygdala** [3][4][5] Involved in signaling the cortex of motivationally significant stimuli such as those related to reward and fear in addition to social functions such as mating.
 - **Hippocampus** [3][4][5] Required for the formation of **long-term memories**
 - **Parahippocampal gyrus** [4] Plays a role in the formation of spatial memory and is part of the hippocampus
 - **Cingulate gyrus** [3][4][5] Autonomic functions regulating **heart rate, blood pressure** and cognitive and attentional processing
 - **Fornix** [5][6] carries signals from the hippocampus to the **mammillary bodies and septal nuclei**
 - **Hypothalamus** [3][5] Regulates the autonomic nervous system via hormone production and release. Affects and regulates **blood pressure, heart rate, hunger, thirst, sexual arousal, and the sleep/wake cycle**
 - **Thalamus** [3][5] The "relay station" to the cerebral cortex
- In addition, these structures are sometimes also considered to be part of the limbic system
- **Mammillary body** [3] Important for the formation of memory
 - **Pituitary gland** [3] secretes hormones regulating homeostasis
 - **Dentate gyrus** [4] thought to contribute to new memories and to regulate happiness
 - **Entorhinal cortex and piriform cortex** [5] Receive smell input in the **olfactory system**
 - **Fornicate gyrus**: Region encompassing the cingulate, hippocampus, and parahippocampal gyrus
 - **Olfactory Bulb**: Olfactory sensory input
 - **Nucleus accumbens**: Involved in reward, **pleasure, and addiction**
 - **Orbitofrontal cortex**: Required for **decision making**

Clinical Correlates of Limbic System:

Klüver-Bucy Syndrome:

Fearlessness, Hyperphagia, Hypersexuality, Psychic Blindness

Korsakoff's Psychosis: Confabulation

Amnesia: (Retrograde & Anterograde Amnesia)

Temporal Lobe Epilepsy:

Stress, Post-traumatic Stress Disorders

Anxiety, Fear & Phobia

Panic Attacks, Emotional Depression

Obsessive- Compulsive Disorders

Abnormal Aggressive & Violence Behaviours

Paranoid, Delusion, Schizophrenia

What is Klüver-Bucy Syndrome?

Klüver-Bucy syndrome is a rare behavioral impairment that is associated with damage to both of the anterior temporal lobes of the brain. It causes individuals to put objects in their mouths and engage in inappropriate sexual behavior. Other symptoms may include visual agnosia (inability to visually recognize objects), loss of normal fear and anger responses, memory loss, distractibility, seizures, and dementia. The disorder may be associated with herpes encephalitis and trauma, which can result in brain damage

Klüver-Bucy syndrome is a behavioral disorder that

occurs when both the right and left medial **temporal lobes** of the **brain** malfunction. The **amygdala** has been a particularly

implicated brain region in the pathogenesis of this syndrome

The syndrome is named for **Heinrich Klüver** and **Paul Bucy**, who removed the temporal lobe bilaterally in **rhesus monkeys** in an attempt to determine its function. This caused the monkeys to develop **visual agnosia**, emotional changes, altered sexual behavior, and oral tendencies.

Though the monkeys could see, they were unable to recognize even previously familiar objects, or their use. They would examine their world with their mouths instead of their eyes ("**oral tendencies**") and developed a desire to explore everything ("**hypermetamorphosis**").

Their overt sexual behavior increased dramatically ("**hypersexualism**"), and the monkeys indulged in indiscriminate sexual behavior including **masturbation, heterosexual acts and homosexual acts**.

Emotionally, the monkeys became dulled, and their facial expressions and vocalizations became far less expressive. They were also **less fearful** of things that would have instinctively panicked them in their natural state, such as humans or snakes. Even after being attacked by a snake, they would willingly approach it again. This aspect of change was termed "**Placidity**".

In humans: (Klüver-Bucy syndrome)

People with lesions in their temporal lobes (a bilateral lesion) show similar behaviors. They may display oral or tactile exploratory **behavior** (socially inappropriate licking or touching); **hypersexuality**; **bulimia**; **memory disorders**; flattened emotions; and an **inability to recognize objects** or **inability to recognize faces**. The full syndrome rarely, if ever, develops in humans. However, parts of it are often noted in patients with extensive bilateral temporal damage caused by **herpes** or other **encephalitis, dementias** of degenerative (**Alzheimer's disease, Pick's Disease**) or post-traumatic etiologies or **cerebrovascular disease**.

Drug-Responsive Mania in a Man With a Brain Tumor

SR: We report a case in which a large temporal lobe tumor induced a classic presentation of manic psychosis that was rapidly responsive to neuroleptic treatment.

Case Report
A 41-year-old man was admitted for his first psychiatric hospitalization after a several-week history of severe, progressive changes in mood and behavior. At the time of

admission, the patient exhibited decreased need for sleep, increased energy, racing thoughts, mood lability, hypersexuality, bizarre behavior, and grandiose delusions. His neurologic examination was medical. His mental status examination was remarkable for mania and psychosis. There was no history of seizures. The patient's past medical history was significant only for supratherapeutic serotonin. This was diagnosed incidentally by MRI following an episode of loss of consciousness 1 year prior to admission. This initial MRI demonstrated no mass lesions or midline shift. A 24-hour EEG and neurological examination were both normal at that time. A follow-up MRI 5 months prior to the current admission was again remarkable only for aqueductal stenosis, with no episodes of seizure or loss of consciousness reported by the patient. The patient had no prior psychiatric contact, but he reported mild mood swings for the past 10 years, consisting of periods during which he had more energy, needed less sleep, and worked 70 hours per week, followed by periods of lethargy, increased sleep, and blue mood.

During the current admission, the

FIGURE 1. Gadolinium-enhanced MRI showing a 3 × 3 × 6-cm mass in the right temporal lobe with surrounding necrosis and hemorrhage.

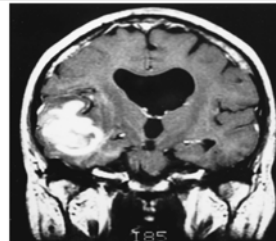


Table 1: Outline of clinical features of the 6 patients of Klüver-Bucy Syndrome

| Age/sex | Etiology | Visual agnosia | Orality | Hypermetamorphosis | Behavior | Sexual hyperactivity | Dietary habits | Seizures | Cranial imaging |
|---------|-------------|----------------|---------|--------------------|-------------------|----------------------|----------------|----------|--------------------------|
| 1 7M | CA | - | HO | Present | Placid | Pelvic thrusting | - | GTCS | Diffuse cerebral atrophy |
| 2 14M | HSE | Present | HO | - | Violent/irritable | Rubbing of genitals | - | GTCS | BITP involvement |
| 3 12F | NCC | - | HO | Present | Violent | Hypersexuality | Bulimia | CPS | Multiple NCC |
| 4 11M | Head injury | - | HO | Present | Offensive | Hypersexuality | Bulimia | CPS | Temporal atrophy |
| 5 3M | TBM | - | HO | Present | Hostile | Hypersexuality | - | - | Mild hydrocephalus |
| 6 9M | CA | - | HO | - | Apathetic | Pelvic thrusting | - | GTCS | Cerebral atrophy (FT) |

TBM - Tuberculous meningitis, CA - Cerebral anoxia, HSE - Herpes simplex encephalitis, NCC - Neurocysticercosis, T-P-Temporo-parietal, GTCS- Generalized tonic clonic seizures, CPS- complex partial seizures, FT - frontotemporal, HO- Hyperorality

- = detailed in text